

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: MANAGING DISTURBED BEHAVIOUR

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Code No.: COR 310

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Program: CORRECTIONAL WORKER

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Semester: FOUR

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Date: FEBRUARY 1990

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Author: JOHN JONES

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New: \_\_\_\_\_

Revision:  X

APPROVED:

A. DePasaris

DATE:

Feb 1/90

Managing Disturbed Behavior (COR 310)  
45 hours

PREREQUISITES: None

**PHILOSOPHY/GOALS**

This course will prepare the student to recognize, prevent and/or effectively manage potentially dangerous situations of unacceptable behavior from correctional clients. Those under stress or in a state of crisis find it difficult to function "normally" thus making the tasks of the correctional workers difficult and often hazardous. At the same time, the correctional worker needs to have knowledge and skills to feel confident during crisis and keep his/her stress as low as possible so as to be most effective in managing those for whom he/she is responsible.

**STUDENT PERFORMANCE OBJECTIVES**

Upon successful completion of the course, the student will be able to:

1. Define, describe and successfully operate the Interpersonal Communications for Corrections model with clients.
2. Define, describe and successfully operate the Situational Leadership model with clients.
3. Define, describe and successfully diffuse an anger situation.
4. Define and apply a decision making model to a scenario.
5. Define and apply a problem solving model to a scenario.
6. Define and apply a crisis management model to a scenario.
7. Identify clients who are suicidal and apply a preventative plan to prevent suicide.
8. Identify typical psychopathology clients in a correctional worker setting implement appropriate intervention techniques.

**TOPICS TO BE COVERED**

1. Review of supervision and discipline techniques
2. Interpersonal Communications in a Correctional Setting
3. Situational Leadership
4. Anger Management
5. Decision Making/Problems Solving model
6. Crisis Management
7. Suicide
8. Psychopathology of correctional clients

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**LEARNING ACTIVITIES**

**1.0 Review of supervision/discipline**

Upon successful completion of this unit, the student will be able to:

1.1 define supervision and discipline for a correctional setting

1.2 list and apply the techniques in role play

**2.0 Interpersonal Communications**

Upon successful completion of this unit, the student will be able to:

2.1 list and define the components of the model

2.2 apply the model to a variety of role play situations

**3.0 Situational Leadership**

Upon successful completion of the unit, the student will be able to:

2.1 define situational leadership and explain its use with clients

2.2 outline and explain the components

2.3 apply the model to a variety of role play situations

**4.0 Anger Management**

Upon successful completion of this unit, the student will be able to:

4.1 define anger

4.2 list and describe the steps used in resolving anger problems

4.3 apply the steps to a variety of role play situations

**5.0 Decision Making/Problems solving**

Upon successful completion of this unit, the student will be able to:

5.1 define problem solving and decision making

5.2 list and describe the steps used to problem solve and make decisions

5.3 apply the steps to a variety of role play situations

**REQUIRED RESOURCES**

Handouts

Video - Attitude Mistakes  
- Tactical mistakes  
- Handling of aggressive inmates  
- Supervision of Special Inmates

IPC Manual

IPC Video

Handouts  
Simulator

Handouts

Handouts  
Decision Making  
Vignette Video

Officer Baxter Case Study

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**6.0 Crisis Management**

Upon successful completion of this unit,  
the student will be able to:

Handouts

- 6.1 define crisis
- 6.2 list and describe the steps used to manage crisis
- 6.3 apply the steps to a variety of role play situations

**7.0 Suicide**

Upon successful completion of this unit,  
the student will be able to:

Handouts  
Video on Suicide

- 7.1 define suicide
- 7.2 list and discuss the signs of suicide
- 7.3 list and discuss the preventative measures

**8.0 Psychopathology**

Upon successful completion of this unit,  
the student will be able to:

Handouts  
Guest Speaker  
Video - Emotional Disturbances  
- Officer Observation  
- Recognizing Drug Use

- 8.1 define normal versus abnormal behavior
- 8.2 define inmate stress behaviors
- 8.3 define the main forms of psychoses found in clients
- 8.4 list and discuss correctional worker responses to psychotic clients

**METHOD EVALUATION**

A final grade will be derived from the results of two tests and a role play tape.

Mid term exam	25%
Final exam	25%
Role play tape	50%

The grading system used will be in accordance with College policy

A+ = 90-100%  
A = 80- 89%  
B = 70- 79%  
C = 60- 69%

Less than 60% = R (repeat course)

**REQUIRED STUDENT RESOURCES**

None

**ADDITIONAL RESOURCE MATERIAL**

Handouts will be provided by the instructor.